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**Prof. Fudge's
APA 7th edition
Paper Formatting
Example**

and writing mini-guide

The paper title in the header must be capitalized. Write a *descriptive* title; do not place the course number, unit number, or your name in the header.

Place the header in the default location, which is approx. 1/2" from the top of the page.

The title page is page 1.

Note: The words "Running head" no longer appears with the title in the header. Student papers might not require the title in the header at all, but graduate level courses likely will (and it is necessary for professional journal submissions).

Begin 3-4 lines down from the top. The title is in title case and boldface. Place a blank line under it and then type the other lines, not bold.

Descriptive Paper Title

Susie Q. Student Jr.

No title, and no degrees or honorary acronyms

Name of University

MM350: Writing in APA Style

Prof. Tamara Fudge

February 21, 2020

The course, professor, and due date lines are not required unless your professor or assignment instructions so dictate.

Use the same style and size font throughout, including in the header and on the cover page. All font must be black with the only exception allowed for hyperlinks in the reference entries. Use one of these fonts: Calibri 11, Arial 11, Lucida Sans Unicode 10, Georgia 11, or Times New Roman 12.

Double space (2.0) the entire paper, including references.

Make sure the indent tool is set fully to zero when centering text.

Margins must be 1" on all sides.

Do not add blank lines between headings or paragraphs.

Some courses do not allow use of a ready-made template; always check instructions. If you are allowed to use a template and decide to do so, remember that some may have errors you have to fix. Also, do not leave templated content in your document.

Abstract

Center the word Abstract on the top line and make the word bold.

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut porta, tellus in maximus sagittis,

quam est accumsan sem, vitae pellentesque eros mauris ac urna. Nulla facilisis justo ac eros

ornare, eu convallis nunc lacinia. Sed feugiat tellus in maximus sagittis, or diam ullamcorper.

Aliquam erat volutpat. Nunc egestas diam in nibh, imperdiet. Sed

semper, augue eget dictum laoreet, elit nisl vehicula, est vitae lectus.

Curabitur condimentum egestas dignissim. Prae euismod maximus

ligula. Vestibulum faucibus urna sit amet orci iaculis, inia. Aliquam rhoncus

libero ac nulla hendrerit facilisis. Donec iaculis, mauris ac pellentesque sodales, magna justo

dictum augue, id condimentum sapien sapien in felis. Vestibulum vehicula auctor diam ac mollis.

Nunc non velit at lorem semper ultrices vitae ac libero. Cras diam augue, venenatis vitae ipsum

eu, mollis bibendum ligula.

Keywords: dignissim, pellentesque sodales, ullamcorper

No punctuation at the end of the list.

If you include keywords: indent like a regular paragraph, and make the word *Keywords* italic.

Not all assignments require an abstract. Check instructions, and if still in doubt, ask your professor for guidance.

Paper Title

Type the title of the paper on the top line of the first body page. It is centered and bold.

Vivamus commodo lectus odio, eget viverra leo hendrerit ac. Pellentesque vulputate odio

eu nisl dict
cursus, ut f
aliquet. Ph
nisl dictum
elementum

Include your topic sentence (research question) in the first paragraph. Avoid the "hook" and emotional or personal content found in creative writing: focus on *facts*.

Also, avoid referring to the paper itself ("in this paper" or "this will explain"); be more direct.

c euismod felis. Nam finibus nunc vitae sem
e in odio lacinia, quis ullamcorper justo
bibendum pulvinar velit. Vulputate odio eu
uismod felis. Vulputate odio eu nisl dictum
s. Sed sit amet rhoncus neque, at molestie

magna. Sed ac tempus ante, a vehicula neque. Proin ac rutrum nunc. Pellentesque efficitur sapien
eu metus gravida varius.

First-Level Subheading

First-level subheadings are bold, centered, and without final punctuation. Do not use **Introduction** as a subheading.

Mauris eget mi gravida, vulputate nibh at, sagittis ligula. Sed

tor vulputate, aliquet justo. Nullam non tempor ante, porttitor elem

Paragraphs have the first line indented 1/2". Use the indent tool, not the tab.

aliquam. Suspendisse vestibulum auctor purus
aliquet, ex est aliquet justo, ac hendrerit nulla or
ac sollicitudin diam. Mauris mi ex, blandit non

Every paragraph should be several sentences and lines long, and the content should be presented in deductive style: the main idea first, followed by details. Avoid "transition" sentences used in creative writing.

lorem. Aliquam eu aliquam est. Donec diam mauris, viverra finibus te

aliquam eros. Donec diam mauris, viverra finibus tellus sit amet, temp

eu aliquam est.

Second-Level Subheading

Second-level subheadings are bold and left-aligned, again without final punctuation.

Citations should directly follow the information culled from that source.

Suspendisse non diam sed ip at leo. Mor

et ultrices. Nunc eu diam nisl conse . Nunc eu ipsun sapien feugiat

dignissim. Donec interdum dui nulla, non facilisis justo vehicula nec (LastName, Year). Morbi

dolor ligula, tempor quis interdum quis, pulvinar nec dolor. Nunc eu diam nisl consequat rutrum

1-author
citation example

... (LastName, Year). Ut eleifend, nisi ultrices ultricies aliquet, ex est
erit nulla orci nec vestibulum tristique magna, vestibulum tristique magna.

2-author
citation example

Qu... (LastName & LastName, Year). Phasellus tincidunt lobortis massa
sit a... bdio lectus, dictum sed laoreet id, semper quis massa. Proin ac rutrum

3+ author
citation example

nunc. Pellente... (LastName et al., Year). Sicut erat dictum eu metus
gravida lorem... rem ipsum dolor sit amet. sed sit amet. Aliquam id malesuada

Example citation when
including the author's name in
the sentence itself

... convallis. LastName (Year) agreed that cras at dui vehicula felis
... tectetur ornare id ante ac, congue rhoncus diam. Nulla facilisi.

Aliquam ideamus laudamus te.

Second-Level Subheading

Nulla vitae orci at justo lacinia eleifend vitae ac turpis. Morbi magna lorem, Phasellus
vulputate aliquam bibendummalesuada dui. Ut pellentesque sapien (LastName et al., Year).

rhoncus neque. Ut porta, tellus in maximus sagittis, quam est accumsan
eros mauris ac urna. Sed ac orci condimentum tempus ante, quis aucto

Remember that any paragraph in which you use ideas from a source must include citation. It must be obvious what information is credited to each source.

Third-Level Subheading

Morbi magna lorem, ornare id ante ac, congue rhoncus diam. P
bibendum. Sit amet rhoncus neque, Sed ac tempus ante, a vehicula neque (LastName, Year).

Third-Level Subheading

Ny... cilisi. Aliquam id malesuada dui. Duis porttitor est eget tortor convallis, quis
au... que (LastName & LastName, Year). Suspendisse
ve... Ut eleifend, nisi ultrices ultricies aliquet, ex est aliquet
jus... a. Proin ut est a magna suscipit mollis ac sollicitudin diam.
Ut porta, tellus in maximus sagittis, quam est accumsan sem, vitae pellentesque eros mauris ac

Third-level subheadings are not used often in short papers, but if you need them, left-align and make them bold italic, without final punctuation

urna. Benedicimus te, sicut erat in principio. Nunc eu diam nisl consequat rutrum sed non quamset hut.

First-Level Subheading

Aenean vel est ac risus mattis blandit vitae a lectus. Donec mauris massa, sagittis eget laoreet quis, tristique et turpis. Pellentesque in eros vel justo ultricies consequat a iaculis dolor.

Make sure you treat quotes correctly. Two methods for short quotes are shown here.

According to LastName and LastName (Year), "Nullam eu massa rhoncus, fermentum massa eget, efficitur nulla" (p. 23). Ut porta, tellus in maximus sagittis, quam est accumsan sem, vitae pellentesque eros mauris ac urna. Phasellus tincidunt lobortis massa sit massa sit amet lacinia.

"Dictum sed laoreet id, sempera quis" (LastName et al., Year, p. 23). Nullam odio lectus. Donec mauris massa, sagittis eget. Proin ac rutrum nunc. Aenean vel est ac risus mattis blandit vitae a lectus. Lorem ipsum dolor sit amet, consectetur adipiscing elit. A tempor diam ullamcorper.

Aliquam erat volutpat. Morbi non, ac euismod felis volutpat. Sed sit amet rhoncus neque, at molestie magna. According to LastName,

Suspendisse non diam sed ipsum suscipit accumsan a at leo. Morbi tempus vulputate elit et ultrices. Nunc eu ipsum a sapien feugiat dignissim. Donec interdum dui nulla, non facilisis justo vehicula nec. Morbi dolor ligula, tempor quis interdum quis, pulvinar nec dolor. Nunc eu diam nisl consequat rutrum sed non quam. (LastName, Year, para. 6)

Sed fermentum semper hendrerit. Pellentesque in eros vel justo ultricies consequat a iaculis dolor.

Phasellus dolor nibh, fermentum a sem in, bibendum

dictum elementum. Morbi non auctor nisi, ac euismod felis

molestie magna. Ut eleifend, nisi ultrices ultricies aliquet, e

orci nec magna. Sicut erat in principio; sicut locutus est ad

benedicimus te, quiz respexit humilitatem. Et exultavit spir

Quotes of 40 or more words are fully indented. Note that all quote citations include the page number (or in the case of a web source, the paragraph number or section name)

Check assignment instructions, as quoting is often not allowed.

Vivamus commodo lectus odio, eget viverra leo hendrerit ac. Pellentesque vulputate odio eu nisl dictum elementum. Morbi non auctor nisi, ac euismod felis. Quisque mollis porttitor nunc.

Conclusion

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Ut porta, tellus in maximus sagittis, quam est accumsan sem, vitae pellentesque eros mauris ac urna. Nulla facilisis justo ac eros ornare, eu con
ullamcorper. Aliqua
augue, non cursus a
orem feugiat, a tempor diam
molestie mollis, dui risus ultrices
en feugiat dignissim. Donec interdum
dui nulla, non facilisis justo vehicula nec. Donec imperdiet aliquet porttitor. Integer tempor elit rhoncus, consectetur mauris at, vulputate lacus. Curabitur ante est, convallis at ligula vel, varius bibendum leo.

Avoid obvious phrases such as "In conclusion." Do not include new ideas at this point in your paper; simply connect ideas or summarize.

TITLE OF PAPER WITH MAX. 50 CHARACTERS

References

This heading is centered and bold. Note that this is *not* Works Cited, Resources, or Bibliography.

7

LastName, Initials. (Year). *Book title in sentence case: Include subtitle if there is one* (Nth ed.).

NameOfPublisher. <http://doi.org/ifavailable>

LastName, Initials. (Year). Chapter title from a book with chapters written by different people. In

EditorInitials EditorLastName (Ed.), *Title of book* (pp. ChapterPageNumbers). Publisher.

LastName, Initials & LastName, Initials. (Year). *Ebook title in sentence case: Include subtitle if*

there is one (Nth ed.). Springer. <http://fullURLwherefound>

LastName, Initials, LastName, Initials, & LastName, Initials. (Year, Month Day). Journal article

title in sentence case: Do not write in all-caps. *Name of the Journal*, volume(issue), pages.

<https://doi.org/ifavailablebutnottheonlinelibraryURL>

LastName, Initials. (Year, Month Day). Newspaper or magazine article title. *Publication Name*.

<fullURL>

LastName, Initials. (Year, Month Day). *Web article title*. Site name. <http://fullURL>

Title of typical unauthored web article. (Year, Month Day). Site name. <http://fullURL>

U.S. Agency Name. (Year, Month Day). *Web article authored by an official agency*.

<http://fullURL>

Use the hanging indent for every entry (do not press the enter key inside an entry). Indent exactly 1/2".

Alphabetize entries by the first letter of each entry.

Do *not* reorder author names for a source, however.

If you use an online library such as EBSCOhost, remember that the entries given there will likely have errors. You are responsible for correcting any errors.

Check APA resources for more about citation and referencing.